**Cyclists and mountain bikers welcome:**

**The best routes at Lake Achensee**

**Uphill, downhill, around the lake. Flat and leisurely tours or challenging rides. The Rofan and Karwendel mountains and the paths along the lakeshore are perfect for cyclists, e-bikers and mountain bikers. The region boasts a network of over 250 km of well- signposted bike routes in all skill levels, most of which are forest or farm roads away from road traffic. At Lake Achensee, everyone will find their individual biking pleasure.**

**Cycle rides to suit everyone**

Pleasure cyclists andfamilies follow the gentle paths along the lakeshore or into the side valleys of the Nature Park Karwendel where chamois and ibex roam through unspoilt landscape and rustic mountains huts such as the Gernalm or Gramaialm invite to stop by. The tours are easy, and playgrounds keep the children entertained while the parents enjoy Tirolean delicacies and the gorgeous views. The route alongside Lake Achensee from Pertisau to Achenkirch via Maurach and back is another easy, all-family cruise that is mostly flat. Beautiful spots along the way invite to cool off by the water.

The 1.5-hour ride from Pertisau to the [Feilkopf](https://maps.achensee.com/v2/de/gdi_winter/2d/-1/detail/16.25/47.43950320947573/11.690062324573068/18311/799670) is a perfect **beginner MTB tour** climbing over 600 metres of elevation. At the summit cross, the wooden lounger provides rest and stunning views of the lake.

But there is also a huge **variety of challenging tours** available for seasoned riders. The 27-kilometre [loop tour around the Unnutz](https://maps.achensee.com/v2/de/gdi_winter/2d/-1/detail/14.75/47.50922736556559/11.719975906628106/18311/799741) takes three hours and climbs over 600 metres of elevation. Riders who still have strength and energy can extend the tour by 17 kilometres and conquer another 360 metres of elevation gain. After the Schönjochalm, make a sharp left turn and follow the [Schmalzklausenrunde](https://maps.achensee.com/v2/de/gdi_sommer/2d/-1/detail/12.75/47.505383502795986/11.742839690882613/18311/17758584). The highlight is definitely the ride alongside the Steinberger Ache which boasts wild waters, thundering waterfalls and scenic spots to picnic in between. Or maybe you prefer to stop over at the Waldhäusl inn where the owner Robert Huber is also chef. If you want to do the tour separately, you start in the small village of Steinberg am Rofan.

This year will see the opening of a **new MTB trail** [around theZwölferkopf](https://maps.achensee.com/v2/de/gdi_sommer/2d/-1/detail/14/47.42904533790001/11.711854934692385/18311/111188779) (1,491 metres). Climbing over 12.4 kilometres and 535 metres of elevation on a newly built forest road, the tour affords spectacular views of the lake. The 2-hour tour winds its way up over five hairpin bends and ends just below the mountain station of the Karwendel cable car. Riders can stop for refreshments at the Bärenbadalm before returning to Pertisau via the Tristenautal.

The 27-kilometre [loop tour to the Gufferthütte](https://maps.achensee.com/v2/de/gdi_sommer/2d/-1/detail/14/47.516939844014665/11.708765029907227/18311/799699) begins in Achenkirch at the turn-off to Steinberg. The Gufferthütte enjoys an idyllic setting surrounded by alpine pastures at an elevation of 1,475 metres between the Rofan and the Blauberg mountains. The mountain hut is a popular destination for mountaineers, climbers and mountain bikers, but before you get to enjoy the delicacies paired with excellent wines from the well-stocked cellar, you have to tackle almost 700 metres of elevation.

The [Achenwald-Blaubergalm](https://maps.achensee.com/v2/de/gdi_winter/2d/-1/detail/14.75/47.539451341958014/11.716454475571034/18311/799699) tour starts from the same starting point and has the same elevation gain. The tour is only 13 kilometres long and first takes riders on the Achensee Cycle Path toward Achenwald, then continues into the valley to the Blaubergalm. From here, you turn back on the same route.

The **ultimate challenge** is certainly the famed **Karwendel Loop.** At 305.5 km long, the tour leads through the same named mountain range and climbs over 6,896 metres of elevation.

**Looking for cross-border experiences?** Then we recommend the MTB tour "[Rotwand - Bächental](https://maps.achensee.com/v2/de/gdi_sommer/2d/-1/detail/12.75/47.50469843771765/11.664232777025251/18311/799719)" which travels back and forth between Tirol and Bavaria. Or one of the long-distance cycle paths passing through the Achensee region: **“**[**Munich Venice**](https://www.muenchen-venezia.info/en/)**”** is a scenic tour that leads from the Bavarian capital Munich to Venice. The route spans 560 kilometres and climbs over 3,000 metres of elevation, boasting spectacular scenery and many cultural places of interest. One of Europe’s longest cycle paths, the [**Inn Cycle Path**](https://maps.achensee.com/v2/de/gdi_sommer/2d/-1/detail/12.25/47.31272289543281/11.524564564523768/-1/17787640/false/-1/-1/Innradweg/-1/-1/-1), branches off from the "Munich Venice" route, following the green mountain river Inn from its origin in the Engadin to its confluence with the Danube at Passau. The [**Bike Trail Tirol**](https://maps.achensee.com/v2/de/gdi_sommer/2d/-1/detail/11/47.49052893082574/11.646881103515627/18311/20181253) is a 1,000-kilometre mountain bike trail through Tirol with three stages cutting across the Achensee region. And last but not least, the [**Tirol Mountain Bike Safari**](https://maps.achensee.com/v2/de/gdi_sommer/2d/-1/detail/11.25/47.484202879526826/11.92008202058144/18311/3379819), a 780-kilometre tour traversing the Alps that lets riders cover 15,000 of the 32,000 metres of elevation by 21 gondolas and chair lifts.

**E-bike village Wiesing: A paradise for e-biking enthusiasts**

In Wiesing, [**selected accommodation providers**](https://maps.achensee.com/en/?mapType=gdi_winter#overview,9860) offer special e-bike packages with free use of modern electric bikes. Guests will receive the full equipment including helmet, rucksack with a small bicycle tyre inflator and first aid kit as well as the information folder “e-bike village Wiesing”. This folder includes tour suggestions starting from Wiesing. Cyclists can discover the attractions at Lake Achnensee and the surroundings. Visitors who are not staying at one of these accommodations can rent e-bikes from the public rental station at Inntal Camping in Wiesing.

**Tip:** Before setting out, check tour details online at [maps.achensee.com](https://maps.achensee.com/v2/de/gdi_sommer/2d/-1/default/12/47.48832500495756/11.648254394531252/-1/-1)**.** The interactive map shows all routes graded by difficulty level and lets cyclists download GPS data and print out tour details. The bike map is also available as a flyer which can be obtained at the local tourist offices or printed from [www.achensee.com](https://www.achensee.com/en/).

**Lake Achensee - Tirol's Sports & Vitality Park**

Arrive, switch off, immerse yourself: The region surrounding Tirol’s largest lake attracts visitors with plenty of active recreation and leisure pursuits. Nestled between the Karwendel and Rofan mountains, Lake Achensee is a place to connect with nature, making it a popular destination for mountain enthusiasts and water lovers alike. The lakeshore, which can be approached from any point, and the impressive paths in the valleys of the Nature Park Karwendel offer amazing outdoor experiences in summer and in winter. Mountain biking, hiking, cross-country skiing, snowshoeing – Lake Achensee inspires and is filled with magical moments! Achensee Tourism is the contact point for visitors and media representatives seeking information about tourist activities in Tirol's Sports & Vitality Park. Members of the media can download **printable photos** from the image database [www.achensee.org](http://www.achensee.org). To view the entire selection of photos and gain permission for downloading, please sign up and confirm your registration by clicking the link in the verification email. For an overview of the current Covid-19 related safety regulations and recommendations in Tirol visit [www.achensee.com/en/achensee-holidays/current-information-on-coronavirus/](https://www.achensee.com/en/achensee-holidays/current-information-on-coronavirus/)